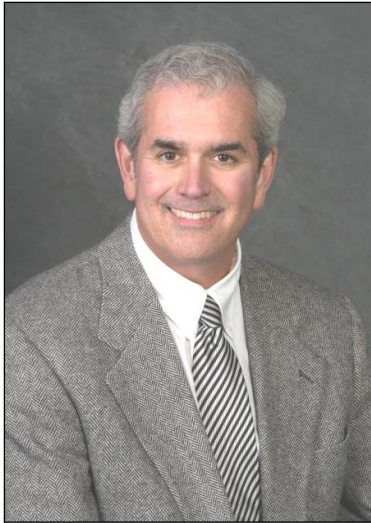


**Meet the Author** of CourtsNoMore



**Bill Belcher, MA, LCMHC, NCC**

Bill is the author of [TheVideoCounselor.com](http://TheVideoCounselor.com) with its online educational video series on Domestic Violence (Victim Education and Safety; Domestic Violence Offenders), Anger, Social Anxiety, Panic Attacks, Depression, Loneliness, and Trust for Couples.

In addition to having successfully counseled hundreds of adults, children, and families with consistent and positive results, Bill also has been a Motivational Interviewer / Researcher for NIH (National Institutes of Health) during a three year study working with firefighters in Portland, Oregon.

**Brief Background:**

- \* Licensed Clinical Mental Health Counselor
- \* Nationally Certified Counselor
- \* 20 years of clinical experience
- \* Facilitated and directed Batterers Intervention Groups during the past seven years
- \* Meets all requirements outlined in the California Penal Code §1203.098 as a Batterers Intervention Program facilitator

**To Learn More about Bill**

Go To Our Parent Website: [TheVideoCounselor.com](http://TheVideoCounselor.com)  
and Click "**Biography**"

**COURTSNOMORE.COM**

P.O. Box 135  
TOLL FREE: 877 - 484 - 8068

LITTLETON, NH 03561  
[info@CourtsNoMore.com](mailto:info@CourtsNoMore.com)

**Quick Reference**

**Domestic Violence Defendants**

Online **Video**  
Educational / **Rehabilitation** Program  
Especially for  
**Misdemeanor Class Defendants**

**No Fees** to Courts or Law Enforcement Agencies – ever



Mell Brooks

Jean-Marie Peterson

Bill Belcher

The program is:

- \* easily **available** - Defendants use any computer
- \* **economical** - Defendants pay **\$87** to CourtsNoMore
- \* **Compliance** is **feasible** and easily monitored.

## Use on a Case by Case Basis

to compliment a **Community's Response** to Domestic Violence.

### Especially for Misdemeanor Class Defendants

Our program offers an **additional tool** for handling Defendants when faced with:

- Department **Budget Cuts**
- Reduced **Court Hours**
- Unemployed or Low Income Defendants

#### Use:

- as an **Educational / Rehabilitation Component** of a Sentence.
- with Defendants who usually would not be exposed to a **Repeating Educational Curriculum**. (See page 6)
- as an **Interim Program** for Defendants who must attend a **multi-week BIP** but cannot due to a lack of availability.

We have an **87% Compliance** Rate

## CourtsNoMore Meets State and National Standards

1. **Governors' Commissions**
2. **Court Protocols**
3. **Legislative Guidelines**
4. **U.S. Justice Department** Topics

#### ➤ **NOTE:**

Upon request, we will send you specifics on how *CourtsNoMore* meets **your state standards**.

**Our Program** is **Reliable**.

You can verify the **quality** and the **message**.

Unlike programs where only attendance is recorded, *CourtsNoMore* requires **proof of 80% proficiency** in the subject matter and a final Oral Exam.

## This is the COURTSNOMORE Program

We Meet **State** and **National** Standards



**Defendants View 15 Online Video Sessions**

Defendants Must Successfully Complete a **Two-Part Exam**:

- Part One:** an online **Written Exam**  
(50 questions - 80 is minimum passing score)
- Part Two:** a one-hour **Oral Exam**  
(administered by CourtsNoMore)

### Exam Statistics

**Written Exam:** 68% require two or more attempts to pass

**1-Hour Oral Exam:** 38% required two attempts to pass

### **Educate and Protect the Victim**

Our **Victim Education and Safety** Series is **Free** to the public, but is required viewing for Defendants.

### *Verify Compliance Online*

**Two "clicks"** get you here.



**Go to this Dialogue Box at [CourtsNoMore.com](http://CourtsNoMore.com)**

### **Look Up Docket**

You can find out if an offender has passed the CourtsNoMore Video Tutorial test by entering either their docket number OR **any part of their first or last name:**

Submit!

## This is How It Works

**#1.** In a plea agreement, with an educational / rehabilitation component, the defendant enrolls in *CourtsNoMore*.

The **Court** orders the defendant to successfully complete the *CourtsNoMore* program (say within 60 days).

**#2.** The Defendant is **responsible** to:

- a. **Enroll** online,
- b. **Pay** the \$87 fee directly to *CourtsNoMore*,
- c. **Learn** the content of the 15 online videos – They may view as many times as needed to pass within the time set by the court.
- d. Pass the required Two Part **Test**
- e. **Submit** the *Certificate of Completion* to the prosecutor or court

\* For copies of the Written and the Oral Exams please contact us.

➤ **Offenders Brochure/Instructions** are in PDF form at [CourtsNoMore.com](http://CourtsNoMore.com).

## An **Actual** Sentence

"In return for the following sentence recommendation the defendant enters a guilty plea to one count of Criminal Mischief:

1. 30 days at the \_\_\_\_\_ House Of Corrections all suspended;
2. Upon the defendant's good behavior for 1 year AND;
3. Upon proof of payment to \_\_\_\_ Corp. within 30 days AND;
4. Enrollment in and successful completion of the online [CourtsNoMore.com](http://CourtsNoMore.com) domestic violence education program on or before July 15, 2010.
5. A nolle prosequi is to be entered on the complaint charging Harassment."

NH-2010-CR-0177

## Series #1 - Victims' Videos - Education and Safety

### Session 1, Part 1



#### Who Is Dotty?

Her difficult history and abusive marriages make her feel it's her fault.

### Session 1, Part 2



#### Excuses, Excuses, Excuses

Dotty is full of excuses for Jerry.

### Session 2, Part 1



#### Who is a Victim?

#### Who is a Batterer?

What are the signs you're a victim?

### Session 2, Part 2



#### See the Whole Truth

Is Dotty really getting it that she is a victim?

### Session 3



#### There is Hope.

Dotty is getting a taste of life without a batterer.

### Session 4



#### The Road to a Healthy Life

Dotty is taking steps for her and her children to be safe and happy.

### Session 5



#### A New and Different Life

Dotty's new life agrees with her. See how she made this happen.

### Session 6



#### Safety Tips

Specifics of what to do and say when abuse is happening.

## Series #2 - Domestic Violence

### Prologue



#### A Summary

Overview of an Offender's Transformation

### Session 1



#### Andrew's Present and His Past

Andrew reveals his perspective of why abuse seems normal.

### Session 2



#### Is Andrew Taking This Seriously?

Is Andrew capable of being in a session today?

### Session 3



#### Details of a Violent Incident

Circumstances that lead to and sustain Andrew's abusive behaviors.

### Session 4



#### Andrew's Cycle of Violence

Understanding what causes Andrew to lose his temper. Is control a factor?

### Session 5



#### Wake Up Call for Andrew

Restraining Order! Alcohol!

### Session 6



#### What Triggers Andrew's Violence?

Andrew learns what causes him to lose control.

### Session 7



#### Putting the Pieces Together

Has Andrew learned healthy ways to replace reacting impulsively?

### Session 8



#### Whose Responsibility is It?

Andrew's Battersers' Intervention Group and past mistreatment of his wife

### Session 9



#### Pitfalls or a Bright Future?

Andrew's violence prevents a successful relationship.

## Our 15 Video Sessions Cover These **Key Points** of a **Multi-week Batterers Intervention Group**

Take **Two Minutes** to Evaluate our Program

Go To → [CourtsNoMore.com](http://CourtsNoMore.com)  
Login as: **John Doe** (Offender) with **Docket #1234567**

- **Note:** Download speeds vary due to multiple firewalls and number of computers on office and court networks.

### Questions

If Offenders have questions about the Program, they contact us – **not** You.

Mell Brooks, Program Administrator  
Toll Free: 877-484-8068 [info@CourtsNoMore.com](mailto:info@CourtsNoMore.com)

- \* Take **Responsibility** for Actions – **Accountability**
- \* **Impact** on Family
- \* Impact of **Alcohol** and Drugs
- \* **Cycle** of Violence
- \* Impact of **Family History** of Violence
- \* Impact of **Exposure** to Violence
- \* Pattern of **Control** Issues
- \* **Tools and Skills** to Manage Anger / Aggression
- \* Understand the Power of **Words** - Miscommunication
- \* **Parenting** after Violence
- \* Learn the **Physiology** of the brain when angry
- \* Build **Communication** Skills and a Desire to be a **Healthy** Family Member
- \* **Empathy** for victims' perspective and perception of violence
- \* **Equality** in intimate and other relationships
- \* **Alternatives** to Angry Reactions and Aggression; **Ways** of being nonviolent

Our Program follows the philosophy of the nationally recognized **Emerge Model of Batterers Intervention Program and Training**; and incorporates additional program information from **The Duluth Model** which focuses on issues of power and control.

# CourtsNoMore and Batterers Intervention Program Content \*

CourtsNoMore (CNM) Video Sessions for Victims (V) and Offenders (O), in **RED INK**, Address These 34 Topics Which Meet Nationally Recognized Educational Objectives in a **Repeating Educational Curriculum**

<u>Topics and Issues</u>	<u>Coding Category</u>	<u>CNM Sessions</u>	<u>Topics and Issues</u>	<u>Coding Category</u>	<u>CNM Sessions</u>
1. Gender Equality	Attitudes and Beliefs	O: #8,#9 V: #2,#5	18. Cultural and Societal Norms	Attitudes and Beliefs	O: #1 V: #1
2. Stress/Stress Management	Stress and Coping	O: #6,#7,#8 V: #4,#5	19. Family History of Abuse	Abuse	O: #1 V: #1
3. Alcohol / Substance Abuse	Substance Abuse	O: #2,#3,#4,#5,#6	20. Effective Co-parenting	Parenting	V: #5 O: #9
4. Cycle of Violence	Abuse	V: #6 O: #3,#4	21. Handling Criticism	Stress and Coping	V: #4,#5 O: #5,#6,#7,#8
5. Empathy and Relationships	Empathy	O: #8,#9 V: #3,#5	22. Emotional Sensitization/Techniques	Stress and Coping	O: #6 V: #5
6. Wheel of Non-violence	Abuse	V: #2,#5	23. Parenting Information	Parenting	V: #2,#3,#5
7. Assertiveness vs. Aggression	Conflict Resolution	O: #3,#7,#8	24. Characteristics of Male Batterers	Batterer Characteristics	V: #2,#4,#5 O: #8
8. Male Privilege and Attitudes	Attitudes and Beliefs	O: #1,#3,#8,#9 V: #5	25. Coping with Separation/Divorce	Stress and Coping	V: #4#5 O: #5,#6
9. Violence Prevention	Planning	V: #3,#6 O: #6,#7,#8,#9	26. Domestic Abuse: What is legal?	Abuse	V: #1,#2 O: #6
10. Parenting	Parenting	V: #2,#3,#5 O: #6	27. Sexism	Attitudes and Beliefs	V: #2,#3,#5
11. Family Attitudes/Behavior	Attitudes and Beliefs	O: #1 V: #1, #2	28. Interpersonal <u>Miscommunication</u>	Interpersonal Comm.	V: #1,#2 O: #3,#4,#6
12. Healthy/Unhealthy Relationships	Interpersonal Health	V: #1,#2,#3 O: #4,#9	29. Effects Other Adults/Community	Abuse	V: #2,#3,#5,#6
13. Personal Boundaries and Domestic Abuse	Batterer Characteristics	V: #2, #3	30. Characteristic of Abused Women	Abuse	V: #2,#3,#5,#6
14. Jealousy	Anger/Emotion Management	O: #1,#3,#5,#6 V: #2	31. Co-dependency with Partner	Attitudes and Beliefs	V: #1,#2,#5
15. Sex Roles as related to Abuse	Attitudes and Beliefs	V: #1, #2	32. Racism – self concepts	Attitudes and Beliefs	(Indirectly discussed)
16. Interpersonal Communication	Interpersonal Comm.	O: #5,#6,#7,#8,#9	33. Personality Disorders	Batterer Characteristics	V: #1,#2
17. Negative Self-talk	Cognitive Behavior	V: #1,#2 O: #4,#5,#6	34. Safety Plan for Victims	Planning	V: #3,#6 O: #5,#7

\* Program Content Survey: Importance of Educational Topic. (This project was supported by Award No. 2005WGBX0004 awarded by the National Institute of Justice, Office of Justice Programs, **U.S. Department of Justice** and with the support of the Administrative Office of the Courts, Executive Office Programs Division, Office of Court Research, California.)